

Distractions and Proactive Driver Training

Online!



In the past, courses such as this have been called "Defensive" driving courses. More recently, they have appeared as "Pro-active" driving courses. The purpose of this change in terminology is a hope that drivers will not only defend themselves against collisions, but be pro-active in avoiding dangerous situations and protecting all road users. This course has been designed to help you meet all regulatory and government requirements including the Occupational Health and Safety Regulations.

This **one-hour** course is part of the THRIL certificate program series, developed by Gemini and well-known, highly respected industry professionals. THRIL certificates are designed to easily and inexpensively obtain essential training that leads towards recognized certification and qualifies for compulsory certification maintenance points to preserve ROH and CRSP designations. University of Calgary students completing a total of 45 hours or more training will be credited 30 hours of elective course credit toward the U of C Health, Safety and Environmental Certificate program.

On completion of this course you will be able to:

- List the items on a vehicle that should be inspected before it is driven,
- List the most common driver distractions,
- Describe how to avoid becoming distracted while driving,
- List the causes and effects of fatigue,
- Describe methods in which you can become a pro-active driver,
- List some items that should be included in an emergency kit,
- Explain how to check and regulate the fluid levels in a vehicle,
- Explain why it is important to keep your emotions in check while driving,
- Explain why using a cell phone while driving is dangerous,
- Define "impaired driving" and describe the penalties for being charged with impaired driving, and
- List the important points of interacting with other road users.

THRIL assessments are also available for all THRIL courses ideal for learners that wish to challenge the course for recertification purposes.

Contact us at www.gemini.com, contactgemini@gemini.com, or **403-263-8649**.

